

Fall Protection Planning

This one-day course is designed to provide participants (managers and supervisors) with information on legislated requirements and to advise on the different fall protection systems that are available to help in preventing incidents involving falls from heights or depths while working.

Course Objectives:

- To provide managers and supervisors with pertinent information on generic fall protection systems
- To advise employers and supervisors of the basic requirements of an effective fall protection plan
- To provide the necessary information to employers and supervisors on how to build an effective Fall Protection Plan into their health and safety management system

Course Content:

- Cover basic fall protection terminology
- Explain the difference between fall arrest and travel restraint systems
- Describe the basic elements required of an effective fall protection plan
- Discuss what factors to consider when developing a site-specific fall protection program
- Exercises on assessing hazards and developing fall protection plans
- Discuss legislated fall protection requirements
- Safety Harness Inspection Checklist
- Structural Steel Erection – Best Practice

An effective Fall Protection Plan will assist in creating and promoting a safe work environment for workers who perform their daily duties at heights or depths.

This course qualifies for 0.5 BCRSP Certificate maintenance points. (CPM 10215)

